



DSP SAFETY SERVICES

Training & Fee Schedule

Professional safety training, evaluations, and OSHA compliance — delivered on your site, on your schedule.

Our future is yours.

dspins.com | (847) 934-6100 | Schaumburg, IL

About DSP Safety Services

Insurance is complicated — staying safe shouldn’t be. DSP Safety Services brings hands-on, instructor-led training and evaluations right to your jobsite, helping your team meet OSHA requirements and build a culture where everyone goes home safe. *(Because your people feel a lot like ours.)*

- ✓ **On-site delivery.** Classes are held at your location on the date and time you choose.
- ✓ **Qualified instructors.** Lectures, manuals, videos, and live demonstrations led by experienced safety professionals.
- ✓ **Documented results.** Written reports, wallet cards, and certifications that prove the work is done.

What’s inside

About DSP Safety Services.....	3
Evaluations & Inspections.....	4
Certification & Equipment Courses.....	5
OSHA Outreach & Refresher Training.....	8
Specialized Trade Training	10
Respirator Fit Testing	12
Additional Training Topics	13
Travel Expenses	14

Evaluations & Inspections

Jobsite Evaluations

\$400 per site

- ✓ On-site time not to exceed two hours.
- ✓ On-site safety programs are not reviewed during a jobsite evaluation.
- ✓ A written report with digital photos is provided. When multiple sites are evaluated on the same day, each site receives a separate report of its specific conditions.

On-Site Evaluations & Mock OSHA Inspections

A mock OSHA inspection helps you identify where safety and health violations exist within your operations. A walkthrough surfaces hazards that represent potential injury or accident causes, along with violations of OSHA standards, and a comprehensive written report details every finding.

\$1,000 — comprehensive on-site evaluation

- ✓ Not to exceed four total on-site hours.
- ✓ Includes a written report summarizing the day's activities, with:
 - Digital photos outlining the items of interest
 - Recommendations for improvement, with several plans to complete them
 - A review of audit findings with on-site management

Participation in Safety Committee Meetings

DSP Safety Services participates in your safety committee meetings and offers a wide variety of safety training classes. Topics can be presented on their own or grouped together, and the same material can be delivered to multiple shifts or departments depending on your needs. A comprehensive list of available topics is provided later in this document.

Certification & Equipment Courses

Forklift Operator Training

1.25 hours

Formal training in the correct use and safe operation of powered industrial forklift trucks — classroom instruction including a lecture, training manuals, videos, and demonstrations led by a qualified safety instructor.

What we cover:

- Injuries and accidents associated with powered industrial trucks
- Design features of powered industrial trucks
- The stability triangle
- OSHA regulation 29 CFR 1910.178 requirements
- Data plate information
- Pre-operation inspection procedures
- Rules for safe industrial operation

Included

- ✓ Classes held at your location on a date and time you choose.
- ✓ Student workbook and operator's wallet card for participants who pass the written exam with a score of at least 70%.

First Aid, CPR & AED Training

Up to 5.5 hrs

Injuries happen. Properly trained people and the right equipment help keep everyone safer — because without basic life support, a simple injury can turn into something far more serious. This class teaches the core skills needed to provide basic life support and first aid in the event of an accident or injury.

Good to know:

- First Aid and CPR certification is valid for 2 years.
- Classes are limited to no more than 20 participants.
- Classes can be taken separately or together.
- CPR/AED only or First Aid only: 3.5 hours.
- Combined CPR/AED/First Aid class: 5.5 hours.
- Training is conducted at your site, or DSP has a variety of rooms available.
- Each participant has their own manikin and practices with an AED trainer to learn the device and procedures.

Student materials — \$20 / student (invoiced upon completion)

- ✓ Key-chain face shield
- ✓ First Aid / CPR / AED workbook and quick guide
- ✓ Links to the First Aid / CPR / AED video segments covered in class
- ✓ CPR and First Aid wallet cards and certificates

Aerial Work Platform (AWP) Training**4 hours**

AWP training is not voluntary — it is required by law. OSHA requires that only properly trained personnel operate an aerial platform. This class instructs both scissor lift and boom lift operators on the recognized hazards of operating an AWP.

Every operator must be:

- Trained to ANSI A92 guidelines before being assigned to operate the platform
- Familiarized with the specific aerial platform to be operated
- Able to understand all control functions, placards, and warnings
- Aware of all safety devices specific to the model being used
- Made aware of operator responsibilities

Included

- ✓ Upon passing the written examination, participants receive an operator's wallet card for the models they operate.

Respirable Crystalline Silica — Competent Person**2 hours**

Equips the individual serving as their company's Competent Person with the technical skills to succeed in the role and help their employer comply with the standard.

Training includes (but is not limited to):

- Silica: history, definition, sources, and types
- Silica health effects
- How respirable silica dust is generated
- Requirements of the OSHA standard
- Responsibilities of the Competent Person
- Permissible exposure limits and action levels
- OSHA's Table 1

On completion, the student is prepared to address the technical aspects of the Competent Person role. Combined with the authority to take corrective action, this meets OSHA's definition of a Competent Person.

OSHA Outreach & Refresher Training

OSHA 10-Hour Construction Outreach

10 hours

Developed by the U.S. Department of Labor to give construction workers, supervisors, and other personnel an awareness of common health and safety concerns. Participants become familiar with the OSHA construction standards (29 CFR 1926) and learn about OSHA, the Fatal Four hazards, the inspection process, and more. On completion, participants receive a completion card from OSHA that never expires.

Cost & logistics:

- A full day includes no more than 7.5 hours of instruction time (per OSHA).
- Student materials are included in the fee:
 - DSP Safety Services resources on CD or thumb drive
 - Introduction to OSHA packet

Price does not include:

- Coffee, soda, and food
- OSHA books or slide binders
- Cost of a rental room
- Participant parking costs

Scheduling

- ✓ The 10-hour class is completed in no fewer than two days and as many as four. All sessions must be completed within six months of the start of training.

OSHA 30-Hour Construction Training

30 hours

Benefits all workers and management on a construction site, training them on recognition, avoidance, abatement, and prevention of common workplace safety and health hazards. The course also covers workers' rights, employer responsibilities, and how to file a complaint.

Topics include:

- Introduction to OSHA; contractor's safety and health program; reporting and recordkeeping
- Electrical hazards; fall protection; materials handling; cranes and rigging
- Motorized mobile platforms; the Competent Person; excavations
- Work zone traffic control; forklift hazards; and other safety topics

Cost & logistics:

- A full day includes no more than 7.5 hours of instruction time (per OSHA).
- Student materials are included in the fee:
 - DSP Safety Services resources on CD or thumb drive
 - Introduction to OSHA packet
 - Current copy of the OSHA 1926 Standards book

Price does not include:

- Cost of a rental room
- Participant parking costs

Scheduling

- ✓ The 30-hour certification is completed in as few as four sessions or as many as eight, within six months.
- ✓ Participants who completed a 10-hour class taught by DSP can earn the 30-hour by completing an additional 20 hours of training within six months of their initial 10-hour certification.

OSHA Construction Refresher Training**5 hours**

OSHA does not offer a formal refresher for the 10- or 30-hour class, but many companies want to revisit the OSHA Fatal Four with a focused session covering:

- Falls from elevation — the number one killer of construction workers
- Caught-in / between — typically excavations or moving equipment
- Struck-by — usually falling objects or vehicle accidents
- Electric shock — usually 120 volts, but also includes overhead power lines
- Other topics can be added based on what you need

Specialized Trade Training

Flagger Certification Training

5 hours

Trains flaggers to provide safe passage of traffic through and around work areas while minimizing confusion, using standard flagging procedures. Participants are trained and certified in safe flagging techniques.

- Student materials are invoiced at \$20/student; all materials are purchased by DSP from the National Safety Council.
- Certification includes classroom instruction, a flagger skills evaluation, and exam time — about five hours total.
- Flagger certification cards are sent by the National Safety Council upon successful completion.
- Certification is valid for 3 years from the day of the class.

Confined Space Entry Training

3 hours

Entering and working in confined spaces is a recognized hazardous activity. OSHA requires employers to train every employee whose work is regulated by the standard, at no cost to the employee, so they understand the hazards of the permit space and the methods used to isolate, control, or otherwise protect against them — including, for those not authorized to perform rescues, the dangers of attempting one.

Participants will learn:

- Current OSHA requirements for confined space entry
- The duties of attendants, entrants, and the entry coordinator
- Air monitoring requirements and the selection and use of the monitor
- Ventilation
- The confined space entry permit system and its use
- Fall protection and rescue procedures

Hands-on & certification

- ✓ All participants work with a tripod, winch, and four-gas meter during the class.
- ✓ Participants receive confined space hazard awareness wallet cards valid for 4 years.

Excavation Competent Person Training**3 hours**

Covers the OSHA Competent Person requirements for excavation. Any worker assigned to supervise excavation work should attend.

Topics include:

- What is an excavation
- Soil types
- Utility locating
- OSHA requirements
- Types of worker protection
- Daily excavation inspection
- The anatomy of a collapse and likely excavation hazards

Crane Signalperson & Level 1 Rigger**5 hours**

Provides the knowledge needed to signal a crane on a construction site, and Level 1 qualified rigging training — both compliant with OSHA's requirements.

Signalperson — each student receives a working understanding of:

- Mobile cranes: crane dynamics, boom deflection, load charts, and operating quadrants
- Electric power line clearance
- Hand signals (a laminated crane hand-signal card is provided) and radio signals
- Signalperson qualifications

All students must pass a written evaluation and a practical signaling demonstration with a score of at least 80%.

Level 1 Rigger — each student receives a working understanding of:

- Mobile cranes: crane dynamics, boom deflection, load charts, and operating quadrants
- Electric power line clearance
- Types of rigging and rigging devices: lifting eyes, shackles, and under-the-hook lifting devices
- Typical rigging angles and tensions
- Inspection of equipment and center of gravity
- Proper selection and use of rigging

All students must pass a written evaluation with a score of at least 80%.

Respirator Fit Testing

Qualitative Respirator Fit Testing

~15 min

Testing takes about 15 minutes to complete. Workers receive fit-testing cards on the spot, valid for one calendar year.

Workers select a testing agent from one of five sources:

- 3M FT-11
- 3M FT-12
- 3M FT-30
- Allegro Industries 0201 Banana Oil
- Allegro Industries 2050 Smoke Test

How the test works:

- Because subjects must be clean-shaven, razors, shaving cream, and cleaning wipes are provided. Respirator cleaning wipes ensure the respirator is clean enough to wear.
- The worker dons the respirator and performs a positive and negative fit check, putting on any additional PPE required for the job.
- Except with irritant smoke (no hood needed), the worker places a testing hood over the respirator and PPE and is introduced to the agent.
- Breathe normally for one minute as the agent is introduced.
- Breathe deeply for one minute as more agent is added.
- Turn the head side to side, pausing for a breath on each side.
- Nod the head up and down, holding at the top and bottom for at least one breath.
- Read a provided passage aloud.
- Perform job-related tasks that require the respirator, such as painting or moving carts.
- Finally, breathe normally again while still in the hood.

Passing the test

- ✓ If the subject cannot taste the selected agent, they pass the qualitative fit test and are issued a fit-testing card.

Additional Training Topics

In addition to the courses described above, DSP Safety Services offers the following programs — available individually or grouped to fit your team and schedule.

• Defensive / distracted driver	• Bloodborne pathogens
• GHS / hazard communication	• Ergonomics
• Proper lifting & material handling	• Personal protective equipment (PPE)
• Lockout / tagout	• Hazard awareness
• Fire prevention & extinguisher use	• Winter driving
• Emergency action preparedness	• Electrical safety (high & low voltage)
• Asbestos awareness	• Arc flash awareness
• Accident investigation	• Active shooter awareness
• Drug & alcohol training for supervisors	• Fall protection
• Hand & power tool awareness	• Working in hot / cold environments
• Ladder safety	• Lead awareness
• Machine guarding	• Noise awareness
• OSHA recording & recordkeeping	• Scaffolding awareness
• Severe weather	• Chemical spill response
• Welding, cutting & hot work awareness	• Temporary traffic / work-zone safety
• Preventing electrostatic discharge	• Compressed gas safety
• Chemical handling	• Computer workstation ergonomics
• Good housekeeping	• Loading dock safety
• Mold response & prevention	• New employee orientation
• Slip / trip / fall prevention	• Stress management

Travel Expenses

- All travel costs are included within Illinois in the following counties: Cook, Lake, DuPage, McHenry, Kane, and Will.
- Travel outside these areas is charged mileage at the current IRS reimbursement rate of \$0.545/mile.
- Airfare, hotels, car rental, meals, and similar expenses are charged to the program at actual cost.
- If DSP Safety Services needs to arrive the day before to set up the room and prepare audio/visual equipment, that expense is invoiced at actual cost — ensuring everything is resolved before the scheduled start time.

Ready to schedule training?

When you need us, we're on it. Tell us what your team needs and we'll build a plan that fits your site and your schedule.

dspins.com (847) 934-6100 info@dspins.com

1900 E Golf Rd, Ste 225, Schaumburg, IL 60173